

The North East Frailty Summit
Monday 5th December 2016, Hilton Hotel,
Newcastle upon Tyne



Speaker Biographies

#FrailtySummit16



Professor Oliver James FRCP FMedSci
Medical Director
Academic Health Science Network North East and North Cumbria

@AHSN_NENC

Professor James was a Consultant Physician in Newcastle for 30 years, Professor of Medicine from 1985, Head of Newcastle University School of Clinical Medical Sciences from 1995, Pro Vice Chancellor Medical Faculty 2004-2008. Also Senior Vice President Royal College of Physicians 1997-1999. Author of over 300 papers on aspects of liver disease and ageing.



Dr Dan Cowie
GP and Director of Transformation Newcastle Gateshead Clinical
Commissioning Group
NHS Newcastle Gateshead Clinical Commissioning Group (CCG)

Dan graduated in 1999 from Newcastle University and qualified as GP in 2004. Over the last 10 years he has worked as a GP in various roles with a particular focus on elderly care. Dan has also been a part time clinical author of clinical knowledge summaries and writing guidelines for primary care.

He took up a GP partnership at Crowhall Medical Group in 2012 and also started his work within Gateshead Clinical Commissioning (CCG) Group as the Community Services and Urgent Care lead. Recently, Dan has been leading transformation work within the CCG and has particular interest in service redesign.



Dr Dawn Moody
Associate Clinical Director for Older People and Integrated Person-Centred Care
NHS England

@Fusion48net
@Moody_D_K

Dr Dawn Moody is Associate National Clinical Director for Older People and Integrated Person-Centred Care for NHS England. Dawn is a GP in Derbyshire who has a special interest in frailty and person-centred systems of care. She has worked with commissioners, providers and in research in this area. Dawn has recently been awarded an MPhil for her research at Keele University into the measurement of frailty in primary care and she also holds an MSc in Geriatric Medicine.

Dawn's current portfolio includes her directorship of Fusion48 being the Clinical Director for Health Education England (East Midlands) Nottinghamshire Frailty Toolkit and Training Programme. She is also Frailty Lead for the West Midlands Primary Care Workforce and Improved Patient Access Plan, Prime Minister's GP Access Fund Wave 2 Scheme.

Dawn's previous roles have included Clinical Associate (Frailty and Complex Care) at North Staffordshire CCG and Medical Director North Staffordshire Community Healthcare. She has been a Partner in General Practice for 16 years and a GPSI Geriatric Medicine and intermediate care."



Professor John Young MB BS (Hons) MSc MBA FRCP
Head of the Academic Unit of Elderly Care & Rehabilitation
University of Leeds

John Young trained at the Middlesex Hospital, London. He was appointed as a consultant geriatrician in Bradford, West Yorkshire in 1986 and has developed numerous new services including an elderly care assessment unit; a stroke unit; and an ortho-geriatric unit. In 2005 he was appointed as Head of the Academic Unit of Elderly Care & Rehabilitation, University of Leeds, now one of the largest elderly care health research units in the UK. Current research within the academic unit includes multi-centre trials in stroke, delirium and dementia care, and studies involving older people with frailty and care home residents. Quality improvement work includes the national audits of intermediate care and of dementia care. Between 2001 and 2007 John was seconded to the DH to assist with the National Service Framework for Older People. He has been chairman of the British Geriatrics Society English Council, and was Chairman of the NICE Clinical Guideline Development Group for delirium He has just completed a three year secondment to NHS England as National Clinical Director for Integration and Frail Elderly. Now retired from clinical practice, he has a part-time contract with the University of Leeds.



Sarah De Biase
Improvement Programme Manager, Healthy Ageing Collaborative
Yorkshire and Humber AHSN

@Improve_Academy

Sarah is the Improvement Programme Manager for the Healthy Ageing Collaborative (HAC) - a collaborative network of clinicians, academics, commissioners, local authorities, social and voluntary care professionals, and industry partners established to support the development of new, evidence-based models of care for older people with frailty. As part of the Yorkshire & Humber AHSN Improvement Academy, the HAC improvement programme is testing the clinical utility of the electronic Frailty Index (eFI) – a tool which uses data routinely available in the GP electronic health record to identify and severity grade frailty. GPs and CCGs are using the eFI to improve the quality of care for people with frailty through better targeting of evidence-based interventions, improved planning of health services utilisation and the development of more appropriate, proactive, goal-orientated care.

Sarah's interests include quality and service improvement for older people through enabling evidence based care to become routine practice using improvement science methodology. Sarah is a physiotherapist with a specialist interest rehabilitation of the older person and has an MSc in gerontology. Sarah is on the National Executive Committee for AGILE, the Chartered Society of Physiotherapy's professional network for physiotherapists working with older people.



Dr Fadi Khalil
GP Trainer, Broadway Medical Practice
Clinical Vice Chair, NHS Sunderland CCG

Fadi is a GP Trainer in Sunderland and is part of the team leading on the MCP Vanguard project. He is also the Chair of the Community Integrated Teams implementation Group. He has been heavily involved locally in supporting collaboration in primary care. He joined Sunderland CCG in 2015 and is currently the clinical vice- chair.



Lesley Young-Murphy
Executive Director of Nursing and Transformation
NHS North Tyneside CCG

@LesleyYoungMur1

Lesley is an experienced Director with a clinical, managerial and organisational development career spanning 37 years; working in this country and in Saudi Arabia. She is passionate about transforming system care quality delivery and innovative workforce and technology development and is a Visiting Fellow at Northumbria University.



Gary Charlton
Commissioning Manager
NHS North Tyneside CCG

@Charlton7Gary

Gary is currently responsible for North Tyneside's New Models of Care project; a major transformational programme aimed at redesigning services for older people; specifically frailty. Gary has been with the NHS for eight years where he has held numerous roles spanning across workforce planning, performance and commissioning. He has a Masters' Degree in Strategic Workforce Planning and has just completed a masters' in Healthcare Leadership as part of the leadership academy's Elizabeth Garrett Anderson programme.



Rachael Forbister
Telehealth Lead and Project Manager
NHS Sunderland CCG

@ATBSunderland

Rachael currently works as the Telehealth Lead in Sunderland. She has been at the forefront in the development of innovative Telehealth pathways and has supported clinical and non-clinical teams through the process from the first idea to implementation. Exploring new ways of working she has helped to implement some simple yet innovative services. Some of these services have gained national and international interest. Rachael has worked in the public sector for over 10 years and is passionate about making a difference and putting the patients/citizens at the heart of everything she does. Prior to the public sector she worked in the private sector in both rail and energy services managing both people and performance. Her true passion is people. Outside of work, Rachael is a busy mum, enjoys holidays, walking, crafts and spending time with her family and friends. She has a BA Hons degree in Business Administration from Sunderland University and a Certificate in Management Studies from York University.



Penny Davison
Senior Commissioning Manager
NHS Sunderland CCG

@ATBSunderland

Penny is Senior Commissioning Manager in Sunderland CCG. She has spent the last two years working with health and social care colleagues from across the city to develop and implement Community Integrated Teams (CITs), transforming how Sunderland provide Out of Hospital care. This is a key workstream of Sunderland's Vanguard programme 'All Together Better' (Multi speciality Community provider).

Penny was also lead on the Coalfields Care Home Pilot giving her valuable insight into how that programme can both

influence and improve the overall delivery of integrated care for the people who need it most.

The focus of the Penny's work has been to bring the model to life; mobilising CITs in Sunderland's five localities, which has involved the colocation of staff, developing and implementing multi-disciplinary working, and care in care homes. Penny is keen on supporting transformation and collaboration to achieve better outcomes for patients.

Penny has a background in Local Authority and NHS commissioning, working in Sunderland Council for 12 years before joining the NHS in 2009. She has a BA Hons Degree in Social Science from Sunderland University, a post graduate certificate in Public Sector Commissioning from Northumbria University and is a recent graduate of the NHS Leadership Academy Elizabeth Garrett Anderson programme, with a Msc in Healthcare Leadership from Birmingham and Manchester University's. Penny is a Sunderland fan in every sense of the word and enjoys working with others to make a difference!



Lesley Durham

Director and Lead Nurse

North of England Critical Care Network, Northumbria Healthcare NHS Foundation Trust

@ATBSunderland

Having spent over 25 years at the coal face in critical care and outreach, Lesley is now Director and Lead Nurse for the North of England Critical Care Operational Delivery Network (ODN) UK which encompasses both adults and paediatrics. Lesley strongly believes that Networks are ideally positioned to become integral and enabling structures within the new UK NHS architecture. Her previous role as Nurse Consultant in Critical Care & Clinical Lead for Outreach and Follow-up Services at City Hospitals Sunderland NHS Foundation Trust, UK; Lesley describes as 'one of the best jobs ever'!

Lesley believes emphatically that since their introduction, 'Critical Care Outreach' services and the introduction of 'Early Warning Scores' have made an immense and invaluable contribution to the quality and effectiveness of care for critically and acutely ill patients in hospital. Lesley was an active member of the UK Royal College of Physicians (RCP) 'National Early Warning Score Development and Implementation Group' (NEWSDIG) and the 'NEWS Chart and Educational Programme' sub-group, and considers that this key step forward towards standardisation of patient assessment and response has the potential to significantly reduce avoidable harm in both the hospital and pre-hospital settings within the UK and further afield.

Lesley had the privilege of serving as Chair of the National Outreach Forum (NORF) between 2006 and 2010. She is a founding member and on the Board of Directors of the International Society of Rapid Response Systems (iSRRS), and has recently been elected to the Advisory Committee and is also the current Treasurer.

As an active member of both the NORF (UK) and iSRRS Board's, Lesley remains committed to providing vision, drive and facilitation to achieve the development of these organisations as recognised credible bodies representing and informing clinicians, patients and carers on all aspects of Critical Care Outreach Services and Rapid Response System's both within the UK and internationally.



Dr Kathryn Hall

Macmillan GP, GP Clinical Lead for Palliative Care
NHS North Tyneside CCG

Dr Kathryn Hall is a GP in North Tyneside working 5 sessions per week in a large urban practice.

Dr Hall is the Clinical Lead for End of Life Care for North Tyneside CCG and has been a member of the North East and Cumbria End of Life Network for 6 years. She was adopted by Macmillan in 2014 and has been a Macmillan GP since then.

Dr Hall has been involved in the commissioning of palliative care services across North Tyneside in particular supporting care homes and the Rapid Response Service for Palliative Care, addressing out of hours needs for end of life and palliative patients. She chaired and co-produced an End of Life Conference held in North Tyneside for service providers and has worked alongside social care developing Macmillan social workers and IT on line social care resources.

Dr Hall is currently leading the Network development of an Electronic Palliative Care Coordination system to cover the North East and North Cumbria regions. She has extensive experience in the use of Primary Care Palliative Care registers and has done work aligning these with service provision and commissioning.



Mandy Rumley-Buss

Associate
Acute Frailty Network

Mandy has been a Nurse for over 30 years and has an extensive background in Emergency care across ED, Acute Medicine and Older peoples care. She is an Advanced Nurse Practitioner with skills and knowledge in Acute, Community and Primary care practice. She was one of the original authors of the Silver book and has presented nationally on Older peoples Emergency Care. Over the past 2 year she has worked with NHS elect Acute Frailty Network across England supporting Acute and Community services towards developing excellence in Frailty care and has a proven track record in leading Teams to achieve excellence and new pathways of care. Through participation in these and other national service improvement projects such as, Commissioning, Leadership in Emergency care programmes, the Emergency Care Improvement Programme (ECIP) and RCN Emergency Care Committees, she has been able to initiate and implement changes in practice, more specifically in challenged areas of practice. She has a proven track record in leading Teams and individuals to achieve excellence and new pathways of care.

Mandy worked as a Nurse Consultant for many years and during that time worked as one of the first Nurse Practitioner posts in an Older persons ward area in the place of GPs and was involved in developing competencies for Older peoples Nurse practitioners.

She has been fortunate enough to win scholarship awards that have enabled her to travel to USA, Australia and New Zealand to study healthcare in these countries and has presented at national and International conferences. She has been engaged in clinical Supervision of individuals and groups and is well respected by her Peers.

She has a unique background in that she has worked as an advanced Nurse Practitioner and consultant Nurse in primary, secondary and Community care. She is currently a committee member of the RCN Emergency Care Association taking a lead for Ambulatory Emergency Care (AEC) and worked with NHS Elect on the development of Competencies for AEC. More recently she has been asked by the committee to write the competencies for the Emergency care of Older patients within the Emergency Care competency framework due for publication soon.



Henry Woodford

COTE Physician, Clinical Director and Head of Service COTE
Northumbria Healthcare NHS Foundation Trust

Henry Woodford trained in medicine at King's College London but then moved to the Northeast to train in geriatrics. He was a consultant in Carlisle from 2006 before taking a job with Northumbria Healthcare in 2012. He has a combined clinical and head of service role in the elderly medicine department. He has a subspecialty interest in delirium and dementia. His publications include two books in the fields of geriatrics, acute medicine and frailty.



Lynn Bridges

Clinical Specialist Physiotherapist for Front of House and Elderly
Northumbria Specialist Emergency Care Hospital

Lynn Bridges trained in Sheffield as a Physiotherapist over 30 years ago and has since worked primarily in neurology. Her experience covered spinal injuries, neurosurgery, neuromedicine, neurorehabilitation, stroke and head injuries, however her interest lay more in the acute settings. While working in neurology in Wales she developed a ward based physiotherapy service and was instrumental in setting up and co-ordinating an award winning multi-disciplinary Parkinson treatment centre.

When Lynn moved to The Hospital for Neurology and Neurosurgery, London she was one of the key personnel that developed the physiotherapy service within the then newly formed Acute Brain Injury Unit (ABIU) contributing to the Unit's status as a centre of excellence. This was recognised by the Nuffield Trust for Research and Policy Studies in Health Services who awarded the ABIU team a fellowship to study aspects of treatment and rehabilitation for stroke and traumatic brain injury in Melbourne, Australia.

Lynn then moved to Rotherham undertaking the role of therapy lead for their Stroke unit. This is where her passion for leading and developing services, performance management and cross boundary and agency working to enhance patient experience of discharge and internal flow grew. An active member of the Stroke Management Team and Strategic Stroke group, she was able to further develop her leadership and networking skills, successfully integrating and unifying Acute and Community therapists within the stroke pathway and was awarded Trust Leader of the Year.

She is currently working as a Clinical Specialist Physiotherapist for Front of House and Elderly at Northumbria Specialist Emergency Care Hospital and heads a team of physiotherapists that span acute, sub-acute and community hospitals. She is an active member of the Frontline Frailty Working Group and the Regional Elderly Trauma Working group for the Northern Trauma Network improving frontline care to the elderly.



Charlotte Bates

ED Consultant, Elderly Lead for ED, Northumbria Healthcare NHS Foundation Trust and Chair of Elderly Trauma Regional Group, Northern Trauma Network

@v_lottie

Dr. Charlotte Bates graduated in Manchester and started with medical training where she developed an interest in COTE. She maintained this interest when she swapped to a career in Emergency Medicine, completing the Diploma in Geriatric Medicine as a registrar and being involved in numerous elderly related projects and QIPs over the years. She completed her training in the North East in 2010, taking up her first consultant post in Perth, West Australia. She returned to the UK in 2011 to a locum post at University of North Durham Hospital before joining the team that has opened the Northumbria Specialist Emergency Care Hospital. She is Elderly lead of ED and currently heading up a multidisciplinary Frontline Frailty working group for the Trust looking at the entire spectrum of front-line elderly and as part of this has recently launched a Trust-wide Elderly Trauma Campaign. She is Chairing the Regional Elderly Trauma Working Group for the Northern Trauma Network. She is a passionate educator, having completed the PGC in Clinical Education from Newcastle University and teaching for many years on ATLS and ALS, she is now joint departmental SIM lead and course director for the Trust's ACCS SIM course and is bringing the Heartland's Elderly Care Trauma and On-going Recovery (HECTOR) course to the North East in March 2017.



Dr Karen Franks

Consultant in Old Age Psychiatry, Queen Elizabeth Hospital
Dementia and Mental Health Lead, Newcastle Gateshead Care Homes Vanguard

Karen is a consultant in old age psychiatry in Gateshead. Her interests include care in 24 hour care settings, dementia care, in particular advanced dementia and end of life care. Karen also has an interest in service development especially integrated services with primary and secondary care, physical and mental health, and is the dementia and mental health lead for the Newcastle Gateshead Care Homes Vanguard.



Laura Maitra
Frailty Nurse Specialist
Gateshead Community Based Care Ltd

Laura Maitra completed a Bsc(hons) Degree in Nursing at the University of Dundee graduating at just 19. On completion of her studies she relocated to the Queen Elizabeth Hospital, Gateshead to commence a "medical rotation" programme one of the only kind of its sort in the country.

Completing rotations in General Medicine, Gastroenterology and Emergency Medicine. Laura then spent some years in A&E enjoying the fast pace and the variety of the Emergency Department. She credits the post with giving her the confidence and skills set required to become a Ward a Sister.

Laura became a Ward Sister in Elderly Medicine with Northumbria Health Care in 2011, the following year she was promoted to the Ward Manager and was the youngest Ward Manager in the country at this time.

Seeking a new challenge after four years in charge Laura moved to Primary care to help develop a "Community Frailty Service" for older people living in their own homes in Gateshead. Laura works with four General Practices in the Inner West locality.

This work has recently seen Laura named "clinician of the year" at the National Primary Care Awards.



Lynne Shaw
Nurse Consultant Older People Integrated Care
Gateshead Community Based Care Ltd

Since first registering as a nurse over 27 years ago Lynne has spent most of her career specialising in the care of older people. She has held a number of roles including ward sister, community matron, nurse specialist in acute and community settings and was the lead nurse in the Gateshead Care Home Initiative which has received national recognition and is developing further with the New Care Models 'Vanguard' team. Passionate about care improvement and integrated care delivery, Lynne's current role is varied working across acute, intermediate, and community care settings as a nurse consultant. This role has seen her lead in the development of a local frailty strategy alongside playing a key proactive role in the initiation of an interface model of care both at the point of entering and leaving hospital services.



Karen Smithson
Frailty Nurse Specialist
Gateshead Community Based Care Ltd

Karen realised very soon after registration that her vocation was to work with the older person and after 30 years in secondary care developing and gaining experience in acute, rehabilitation and orthopaedic inpatient care delivery. Then using those skills working in a multidisciplinary and interagency intermediate care team as a nurse specialist for older people. Realising her ambition for change, Karen saw a huge opportunity for complementing her knowledge and skills in joining a Primary Care Team as a Frailty Nurse Practitioner. She now works within a new and innovative team whose aim is to maximise the health and wellbeing of older people living with frailty, measuring the impact of her role through the use of unscheduled care and patient reported outcomes.



Claire Laing
Business Intelligence Lead Care Home Vanguard
NHS Newcastle Gateshead CCG

Claire started working in the NHS in 2010 whilst studying a misguided degree in English Literature at Northumbria. After realising her interest lay more towards healthcare than Heathcliff, she began working in Secondary Care full time upon graduation. After discovering a passion for columns and numbers (yes, really!), Claire began a career in Informatics and has worked within this field for the last three years. Claire is a member of the Newcastle Gateshead CCG Vanguard team and her goal is to evidence the fantastic work being done using data – and to try to make it interesting!



Professor Glenda Cook

Professor of Nursing, Northumbria University and Lead of the 'Ageing, later life and long term condition' research theme, Department of Nursing, Midwifery and Health

Glenda is Professor of Nursing at Northumbria University and lead of the 'Ageing, later life and long term condition' research theme in the department of Nursing, Midwifery and Health. Her academic and professional interests address the needs and concerns of older people through developing nursing care and services for this population. Her current research portfolio includes transformation of housing and health services to enable older people to 'Age in place;' and evaluation of older people's services, new models of integrated care systems and community-based creativity services.



Dr Anne McNall

Doctor of Nursing, Northumbria University and Director of Strategic Workforce Planning and Development, Faculty of Health & Life Sciences

Anne is a Doctor of Nursing at Northumbria University and Director of Strategic Workforce Planning & Development in the Faculty of Health & Life Sciences. Her academic and professional interests are in collaborative action research approaches to understand strategic workforce development needs in specific sectors and contexts and co-production and development of solutions to meet the identified needs through whole systems approaches. Strategic workforce development approaches focus not only on the needs of individual practitioners but also create capacity, capability and infrastructure for practice based learning, competency assessment and ongoing support and supervision, and address recruitment, retention, support, reward, progression and development of the workforce.