

Priority Areas

Self-Care Development

- Completed the Living-Well programme and embedded this into the pathway for care of the frail elderly in a local Vanguard site benefitting over **170 people**.
- Continuing work with the Yorkshire and Humber AHSN to share and spread physical health check templates, all have been made available for local adoption.

Psychosis Pathway

- Facilitated Mental Health Trusts across the NENC region to benchmark individual Early Intervention and Community Pathways against Imperial College Health Partners' Psychosis Pathway.
- Supported the development of a local Virtual Recovery College to be launched in March 2017 when a suite of information sheets and two learning modules will be available to all.

Management of Long-Term Conditions in Primary and Community Settings

- The AHSN NENC secured external funding to deliver master classes to **124 primary care and community staff** to implement NICE approved screening tools to identify depression in patients with long-term health conditions.

Suicide Prevention in Cumbria

Through a multi-agency network a system of real-time alerts was established to respond to deaths that might be suicide. The purpose of this system is:

- Identification of clusters to allow for intervention by multiple organisations.
- Early identification of deaths that may be suicide so support can be offered and the learning process can commence.
- New Frontiers in Suicide Prevention Conference funded by AHSN NENC to be delivered on 27th February 2017.

Other Activities

- AHSN NENC held a Mental Health in Primary Care Summit in November 2016 engaging **121 delegates**.
- Secured external funding from the Urgent and Emergency Care Vanguard to evaluate multi-

agency training. Initial evaluation has been completed.

- Secured funding from the Patient Safety Collaborative and delivered training to **300 staff** to implement the Shortened Warwick-Edinburgh Mental Well-Being Scale (SWEMWEB).
- CRESTA (Clinics for Research and Service in Themed Assessments) for individuals with Lewy Body Dementia. The outcome is to be shared for adoption with wider patient groups.

Why This Work is Important for the Region

"This programme comes at just the right time. There is a national commitment to improving mental health care provision and a huge swell of people wanting to join in the debate and have their say.

There is nothing the mental health leaders in the North East haven't got the answer to. So, we must find the energy and capacity to come together and share best practice."

Dr Geraldine Strathdee OBE, NHS England

Overview of the AHSN NENC

The AHSN NENC is committed to improving the health and economic prosperity of the region through innovation and dissemination of best practice.

The AHSN NENC health improvement programmes have already delivered the following:

- Investment of over £3m into projects designed to disseminate best practice and make a demonstrable impact on health outcomes.
- Established strategic partnerships with organisations including NEQOS, the Northern England Strategic Clinical Network and Health Education North East for the successful delivery of the Health Improvement Programmes.
- Successful delivery of the Patient Safety Collaborative with close to £500k invested in projects focused on improving patient safety and leading towards transformational change.

Contact us

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